

K KLC

Jun-21

KKLC

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast		1 Breakfast Wrap, Fruit, & Milk	2 Cereal, Fruit, & Milk	3 Pancakes, Fruit, & Milk	4 Cereal, Fruit, & Milk
	Lunch		Meatball Subs, Green Beans, Pears, & Milk	Turkey Wrap, Bb Carrots, Tropical Fruit, & Milk	Chicken Lomein w/ Vegetables, Pineapple, & Milk	Country Fried Steak, Mashed Potato, Peaches, & Milk
	PM Snack		Yogurt Parfait, & Water	Cheese Its, & Juice	Breaded Mozz. Sticks, Marinara, & Water	Cheese Crackers, & Juice
Week 2	Breakfast	7 Cereal, Fruit, & Milk	8 Glazed Biscuit, Fruit, & Milk	9 Cereal, Fruit, & Milk	10 English Muffins, Fruit, & Milk	11 Cereal, Fruit, & Milk
	Lunch	Bacon Cheeseburger Cass., Green Beans, Pineapple, & Milk	Cheesy Chicken w/ Rice, Peas, Tropical Fruit, & Milk	Salami n Cheese Roll Up, Cucumbers, Pears, & Milk	Salsbury Steak, Mashed Potato, B&B, Peaches, & Milk	Orange Chicken w/ Rice, Broccoli, Pears, & Milk
	PM Snack	Pita Chips, Hummus, & Water	bb Carrots, Celery w/ Peanut Butter & Water	Chips, Salsa, & Water	Ranch Crackers, & Juice	Oatmeal Bar & Milk
Week 3	Breakfast	Cereal, Fruit, & Milk	Waffles, Fruit, & Milk	Cereal, Fruit, & Milk	Pancake on Stick, Fruit, & Milk	Cereal, Fruit, & Milk
	Lunch	Flatbread Pizza, Green Beans, Peaches, & Milk	Cheese Tortellini Soup, Crackers, Applesauce, & Milk	Chicken Salad, Cucumbers, Apples, & Milk	Baked Spaghetti, Salad, Pears, & Milk	Baked Spaghetti, Salad, Pears, & Milk
	PM Snack	Tortillia Chips, Cheese Sauce, & Water	Cinna. Chips, Crm Cheese Dip, & Water	Goldfish, & Juice	Cheese, Crackers, & Water	Pretzels, & Juice
Week 4	Breakfast					
	Lunch					
	PM Snack					