

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast	28 Cereal, Fruit, & Milk	29 Donut Wholes, Fruit, & Milk	30 Cereal, Fruit, & Milk	1 Bagel, Cream Cheese, Fruit, & Milk	2 Cereal, Fruit, & Milk
	Lunch	Ravioli, Green Beans, Pears, & Milk	Cooks Choice	Macaroni n Cheese, Peas, Tropical Fruit, & Milk	Italian Sub Sandwich, Chips, Mandarin Oranges, & Milk	Steak Nuggets, Mashed Potato, Peaches, & Milk
	PM Snack	Breaded Mozz. Sticks, Marinara, & Water	Trail Mix, & Juice	Cottage Cheese, Vege. Straws, & Water	Hummus, Crackers, & Water	Goldfish, & Juice
Week 2	Breakfast	12 Cereal, Fruit, & Milk	13 Sausage, Biscuits n Gravv. Fruit, & Milk	14 Cereal, Fruit, & Milk	15 Cinnamon Sugar Toast, Fruit, & Milk	16 Cereal, Fruit, & Milk
	Lunch	Chicken Fettuccini Alfredo, Broccoli, Tropical Fruit, & Milk	Hot Dog on Bun, Baked Beans, Peaches, & Milk	Sausage Egg n Cheese Muffin, Hash brown, Applesauce, & Milk	Turkey n Cheese Sandwich, Cauliflower, Apples, & Milk	Chicken Cord on Bleu, Rice, Peas, Mand. Oranges, & Milk
	PM Snack	Soft Pretzel, Cheese Sauce, & Water	Animal Crackers, & Milk	String Cheese, Crackers, & Water	Popcorn, Raisins, & Juice	Chips n Salsa, & Water
Week 3	Breakfast	19 Cereal, Fruit, & Milk	20 Breakfast Pizza, Fruit, & Milk	21 Cereal, Fruit, & Milk	22 Pancakes, Fruit, & Milk	23 Cereal, Fruit, & Milk
	Lunch	Chicken Pot Pie, Peas, Mandarin Oranges, & Milk	Italian Dunkers, Green Beans, Pineapple, & Milk	Hamburger on Bun, French Fries, Peaches, & Milk	Ham n Cheese Wrap, Carrots, Bananas, & Milk	Taco Soup, Tortilla Chips, Applesauce, & Milk
	PM Snack	Yogurt, Granola, & Water	Peanut Butter Crackers, & Juice	Nutrigrain Bar, & Juice	Teddy Grahams, & Milk	Ranch Crackers, & Juice
Week 4	Breakfast	26 Cereal, Fruit, & Milk	27 Scrambled Eggs, Toast, & Milk	28 Cereal, Fruit, & Milk	29 Pancake on Stick, Fruit, & Milk	30 Cereal, Fruit, & Milk
	Lunch	Chicken Bacon Ranch Pasta, Broccoli, Pears, & Milk	Hamburger Potato Cass., Green Beans, Pineapple, & Milk	Chicken Wings, Breaded Green Beans, Mand. Oranges, & Milk	Italian Beef on Bun, Cheesy Potatoes, Peaches, & Milk	Pizza, Salad, Tropical Fruit, & Milk
	PM Snack	Cheese Crackers, & Juice	Vanilla Wafers, & Milk	Cheese, Crackers, & Water	Oatmeal Bar, & Milk	Chex Mix, & Juice