KKLC

AUGUST 2022

	MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast	1 Cereal, Fruit, & Milk	2 Eggs, Sausage Link, Fruit, & Milk	3 Cereal, Fruit, & Milk	4 Sausage Biscuit & Gravy , Fruit, & Milk	5 Cereal, Fruit, & Milk
	Lunch	Pulled Pork on Bun, Cole Slaw, Mandarin Oranges, & Milk	Chicken Cord on Bleu, Rice, Peas, Peaches, & Milk	Tomato Tortellini Soup, Garlic Bread, Applesauce, & Milk	Chicken Fettuccini Alfredo, Broccoli, Fruit Cocktail, & Milk	Peanut Butter & Jelly, Assorted Vegetables, Oranges, & Milk
	PM Snack	String Cheese, Crackers, & Water	Cheddar Popcorn, Raisins, & Water	Ranch Crackers, & Juice	Vanilla Wafers, & Milk	Cheese Puffs, & Juice
Week 2	Breakfast	8 Cereal, Fruit, & Milk	9 French Toast, Fruit, & Milk	10 Cereal, Fruit, & Milk	11 Waffles, Fruit, & Milk	12 Cereal, Fruit, & Milk
	Lunch	Shepherd's Pie, Bread n Butter, Peaches, & Milk	Turkey Wrap, Carrots, Grapes, & Milk	Sloppy Joes on Bun, French Fries, Mandarin Oranges, & Milk	Spaghetti, Salad, Pears, & Milk	Bologna w/ Cheese on Bread, Dill Pickle Spears, Apple, & Milk
	PM Snack	Cheese Crackers, & Juice	Graham Crackers, w/ Peanut Butter, & Water	Krave, & Milk	Smores Mix, & Milk	Pretzels, & Juice
Week 3	Breakfast	15 Cereal, Fruit, & Milk	16 Donut Holes, Fruit, & Milk	17 Cereal, Fruit, & Milk	18 Pancake, Fruit, & Milk	19 Cereal, Fruit, & Milk
	Lunch	Taco Soup, Tortilla Chips, Applesauce, & Milk	Chicken Nuggets, French Fries, Peaches, & Milk	Ham n Potato Au gratin, Bread & Butter, Tropical Fruit, & Milk	Philly Cheesesteak Casserole, Green Beans, Pineapple, & Milk	Chicken & Rice, Peas, Peaches, & Milk
	PM Snack	Yogurt, Granola, & Milk	Chex Mix, & Juice	Cheese Its, & Juice	Tortilla Chips, Cheese Sauce, & Juice	Peanut Butter Crackers,& Juice
Week 4	Breakfast	22 Cereal, Fruit, & Milk	23 Glazed Biscuit, Fruit, & Milk	24 Cereal, Fruit, & Milk	25 Scrambled Eggs, Toast, Fruit, & Milk	26 Cereal, Fruit, & Milk
	Lunch	Tuna Noodle Casserole, Peas, Peaches, & Milk	Hot Ham & Cheese, Green Beans, Pears, & Milk	Chicken Patty on Bun, Mashed Potato, Pineapple, & Milk	Cheese Quesadilla, Corn, Tropical Fruit, & Milk	Corn Dog Nuggets, Tater Tots, Mandarin Oranges, & Milk
	PM Snack	String Cheese, Crackers, & Water	Goldfish, & Water	Granola Bar, & Milk	Cottage Cheese, Vegetable Straws	Oatmeal Bar, & Milk