

KKLC

July 2022

CCLC

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast	11 Cereal, Fruit, & Milk	12 Eggs, Toast, Fruit, & Milk	13 Cereal, Fruit, & Milk	14 Glazed Biscuit, Fruit, & Milk	15 Cereal, Fruit, & Milk
	Lunch	Hamburger Mac n Cheese Green Beans Fruit Cocktail, Milk	Chicken Crispito, Corn, Mandarin Oranges, & Milk	Meatballs w/ brown gravy, Mashed Potato, Peaches, & Milk	Italian Chicken on Bun, French Fries, Pears, Milk	Lunchables, (Meat, Cheese, Crackers, Grapes, & Milk
	PM Snack	String Cheese, Crackers, & Water	Goldfish, & Water	Granola Bar, & Milk	Cottage Cheese, Vegetable Straws	Oatmeal Bar, & Milk
Week 2	Breakfast	18 Cereal, Fruit, & Milk	19 Bagels, Cream Cheese, Fruit, & Milk	20 Cereal, Fruit, & Milk	21 Pancakes, Fruit, & Milk	22 Cereal, Fruit, & Milk
	Lunch	Breakfast Sliders, Egg, Bacon, Cheese, on English Muffin, Applesauce, Milk	Hot Dog on Bun, Baked Beans, Peaches, & Milk	Cheesy Beef & Rice, Peas, & Pears, & Milk	Chicken Bacon Ranch Pasta, Broccoli, Mandarin Oranges, & Milk	Roast Beef and Cheese Sandwich, Carrots, Pineapple, & Milk
	PM Snack	Cheese Crackers, & Juice	Graham Crackers, w/ Peanut Butter, & Water	Krave, & Milk	Smores Mix, & Milk	Pretzels, & Juice
Week 3	Breakfast	25 Cereal, Fruit, & Milk	26 Cinnamon and sugar Toast, Fruit, & Milk	27 Cereal, Fruit, & Milk	28 Pancake on Stick, Fruit, & Milk	29 Cereal, Fruit, & Milk
	Lunch	Sausage Parma Rosa, California Medley, Pears, & Milk	Bosco Sticks, Marinara, Green Beans, Peaches, & Milk	Cheese Tortellini, Salad, Tropical Fruit, & Milk	Sweet and Sour Chicken, Peas n Carrots, Mandarin Oranges, & Milk	Greek Spaghetti, Peas, Applesauce, & Milk
	PM Snack	Yogurt, Granola, & Milk	Chex Mix, & Juice	Cheese Its, & Juice	Tortilla Chips, Cheese Sauce, & Juice	Peanut Butter Crackers, & Juice
Week 4	Breakfast					
	Lunch					
	PM Snack					