

# MENU

## Oct-22

## KKLC @ Rushville

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	<b>Breakfast</b>	3 Cereal, Fruit & Milk	4 Waffle, Fruit & Milk	5 Cereal, Fruit, & Milk	6 Sausage/Egg Biscuit, Fruit & Milk	7 Cereal, Fruit, & Milk
	<b>Lunch</b>	Chicken Bacon Ranch Pasta,Pears,Peas&Milk	Unstuffed Peppers, Applesauce, Carrots & Milk	Bfast Casserole, Trop. Fruit,Peppers&Onions & Milk	Taco Mac, Peaches,Corn/Mixed Veg & Milk	Cheeseburger, Mand. Oranges, Green Beans &Milk
	<b>PM Snack</b>	Poptart & 100% Juice	Wheat Thins & 100% Juice	Banana Pudding, Vanilla Wafers & Milk	Smores Mix & 100% Juice	Bugels & 100% Juice
Week 2	<b>Breakfast</b>	10 <b>No School</b> Cereal, Fruit & Milk	11 Poptart & Milk	12 Cereal, Fruit, & Milk	13 Muffin & Milk	14 Cereal, Fruit, & Milk
	<b>Lunch</b>	Ham& Chesse Pasta, Pears, Corn/Green Beans & Milk	Fish Sticks, Tropical Fruit, Carrots & milk	BBQ Pork, Peaches, Peas & Milk	TT Casserole, Mand Oranges, Green Beans & milk	Chicken Bacon Ranch Wrap, Pineapple/CC, Mixed Veg & Milk
	<b>PM Snack</b>	Chex Mix & 100% Juice	Cheese & Crackers & 100% Juice	Yogurt/Cheerioes & 100 % Juice	Soft Pretzel with Cheese Sauce & 100% Juice	Veggies Straws & Dip 100 % Juice
Week 3	<b>Breakfast</b>	17 Cereal, Fruit, & Milk	18 Pancakes, Fruit & Milk	19 Cereal, Fruit, & Milk	20 Uncrustable, Fruit & Milk	21 Cereal, Fruit, & Milk
	<b>Lunch</b>	Chicken Alfredo, Mixed Fruit, Peas & Milk	Steak Nuggets, Applesauce, Carrots & Milk	Englis Muffin Pizza, Peaches, Corn/Peas & Milk	Cooks Choice, Pears, Carrots & Milk	Meatball Sub, Pineapple/CC, Green Beans & Milk
	<b>PM Snack</b>	Cheese It's & 100% Juice	Goldfish & 100% Juice	Muffin & 100% Juice	Hard Pretzels & 100% Juice	Popcorn/Cheese Stick & 100 % Juice
Week 4	<b>Breakfast</b>	24 Cereal, Fruit & Milk	25 Bagel, Fruit & Milk	26 Cereal, Fruit, & Milk	27 Jelly Biscuit, Fruit & Milk	28 Cereal, Fruit & Milk
	<b>Lunch</b>	Spaghetti, Mand Oranges,Corn/Green Beans & Milk	Popcorn Chicken, Applesauce, Carrots & Milk	Walking Taco Cass, Peaches,Peas & Milk	Garlic Parm Chicken, Pears,Green Beans & Milk	PB&J or Turkey Sand, Mixed Fruit, Mixed Veg & Milk
	<b>PM Snack</b>	Apple Nachoes, Granola & Water	Cheese/PB Crackers & 100% Juice	Nutrigrain Bar & 100% Juice	Gardetto's & 100% Juice	Chips & Salsa 100% Juice
Week 5	<b>Breakfast</b>	31 Cereal, Fruit & Milk				
	<b>Lunch</b>	Cheeseburger Ziti, Applesauce, Green Beans & Milk				
	<b>PM Snack</b>					