

KKLC

Sep-22

CCLC

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast	29 Cereal, Fruit, & Milk	30 Muffins, Fruit, & Milk	31 Cereal, Fruit, & Milk	1 Cinnamon Rolls, Fruit, & Milk	2 Cereal, Fruit, & Milk
	Lunch	Runza Casserole, Green Beans, Peaches, & Milk	Creamy Ham Tortellini, Broccoli, Fruit Cocktail, & Milk	Chili, Crackers, Applesauce, & Milk	Loaded Ranch Chicken Potato Casserole, Peas, Mandarin Oranges, & Milk	Pizza, Green Beans, Pears, & Milk
	PM Snack	Apple Straws, & Juice	Trail Mix, & Juice	Strawberry Bagels, & Milk	Cheese Its, & Juice	Pretzels, & Juice
Week 2	Breakfast		6 Waffles, Fruit, & Milk	7 Cereal, Fruit, & Milk	8 Apple Cinnamon Texas Toast, Fruit, & Milk	9 Cereal, Fruit, & Milk
	Lunch		Chicken n Noodle, Peas, Peaches, & Milk	Meatloaf, Mashed Potato, Tropical Fruit, & Milk	Cowboy Lasagna, Bread n Butter, Mandarin Oranges, & Milk	Chicken Tetrazzini, Peas, Pineapple, & Milk
	PM Snack		Vanilla Wafers, & Milk	Cheese Popcorn, & Juice	Cinna Mania, & Juice	Cheese Crackers, & Juice
Week 3	Breakfast	12 Cereal, Fruit, & Milk	13 Sausage, Biscuits & Gravy	14 Cereal, Fruit, & Milk	15 Pancake, Fruit, & Milk	16 Cereal, Fruit, & Milk
	Lunch	Turkey, Melting Sweet Potato, Pears, & Milk	Taco Casserole, Tropical Fruit, & Milk	Tomato Soup, Grilled Cheese, Applesauce, & Milk	Beef Ramen Noodle, Egg Roll, Peaches, & Milk	Bosco Sticks, Marinara, Green Beans, Mandarin Oranges, & Milk
	PM Snack	Oatmeal Bar, & Milk	Cheese Cubes, Crackers, & Water	Krave, & Milk	Cottage Cheese, Vegetable Straws, & Water	Chex Mix, & Juice
Week 4	Breakfast	19 Cereal, Fruit, & Milk	20 Scrambled Eggs, Sausage Links, Fruit, & Milk	21 Cereal, Fruit, & Milk	22 Breakfast Pizza, Fruit, & Milk	23 Cereal, Fruit, & Milk
	Lunch	Doritos Chicken Casserole, Pears, & Milk	Spaghetti, Green Beans, Pineapple, & Milk	Beans & Weanies, Bread n Butter, Pineapple, & Milk	Breakfast Casserole, Hashbrown, Applesauce, & Milk	Mexican Rice, Corn, Peaches, & Milk
	PM Snack	Yogurt, Granola, & Water	Chips, Salsa, & Water	Smores Mix, & Juice	Peanut Butter Crackers, & Juice	Cheese Puffs, & Juice