December 2022

CCLC

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast				1 Sausage Link, Scrambled Eggs, Fresh Fruit, & Milk	2 Cereal, Fresh Fruit, & Milk
	Lunch				Shepherds Pie, Bread n Butter, Pears, & Milk	Macaroni & Cheese w/ Ham, Vegetable Med., Tropical Fruit, & Milk
	PM Snack				Trail Mix, & Juice	Cheese Its, & Juice
Week 2	Breakfast	5 Cereal, Fresh Fruit, & Milk	6 Biscuit w/ Jelly, Fresh Fruit, & Milk	7 Cereal, Fresh Fruit, & Milk	8 Waffles, Fresh Fruit, & Milk	9 Cereal, Fresh Fruit, & Milk
	Lunch	Chicken Pot Pie, Mandarin Oranges, & Milk	Cheese Tortellini, Peas, Pineapple, & Milk	Fish Patty on Bun, Tater Tots, Peaches, Milk	Spaghetti, Green Beans, Pears, & Milk	Chicken Noodle Soup, Crackers, Tropical Fruit,& Milk
	PM Snack	Vanilla Wafers, & Milk	Yogurt, Banana Chips, & Water	Gradettos, & Juice	Cheese Cubes, Crackers, & Water	Krave, & Milk
Week 3	Breakfast	12 Cereal, Fresh Fruit, & Milk	13 Pancake, Fresh Fruit, & Milk	14 Cereal, Fresh Fruit, & Milk	Pancake on Stick, Fresh Fruit, & Milk	16 Cereal, Fresh Fruit, & Milk
	Lunch	Pasta Fagioli, Bread Stick, Applesauce, & Milk	Ham N Potato Au gratin, Bread n Butter, Pears, & Milk	Cheesy Chicken n Rice, Peas, Tropical Fruit, & Milk	Meatball Subs, Green Beans, Pineapple, & Milk	Chicken Nuggets, French Fries, Peaches, & Milk
	PM Snack	Cottage Cheese, Vegetable Straws, & Water	Almond Bars, & Juice	Cinnamon Straws, & Juice	Graham Crackers, Peanut Butter, & Water	Goldfish, & Juice
Week 4	Breakfast	19 Cereal, Fresh Fruit, & Milk	20 Oatmeal, Fresh Fruit, & Milk	21 Cereal, Fresh Fruit, & Milk	22 Cinnamon Raisin Toast, Fresh Fruit, & Milk	
	Lunch	Loaded Ranch Potato Casserole, Roll, & Mandarin Oranges, & Milk	Sloppy Joe on Bun, Green Beans, Peaches, & Milk	Burritos, Corn, Tropical Fruit, & Milk	Stuffed Pepper Soup, Crackers, Applesauce, & Milk	
	PM Snack	Goldfish Pretzel, & Juice	Cinnamania, & Juice	Cheese Its, & Juice	Triscuit, w/ Dip, & Juice	