

# KKLC

# AUGUST 2023

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	<b>Breakfast</b>	7 WG Cereal, Fresh Fruit, & Milk	8 Sausage, Egg and Cheese WG Muffin, Fresh Fruit, & Milk	9 WG Cereal, Fresh Fruit, & Milk	10 WG Breakfast Pizza, Fresh Fruit, & Milk	11 WG Cereal, Fresh Fruit & Milk
	<b>Lunch</b>	Hamburger Macaroni n Cheese Peas, Fruit Cocktail & Milk	Meatball Subs, Green Beans, Pears, & Milk	WG Uncrustable, Carrots, Banana, & Milk	Lasagna, Salad, Peaches & Milk	Mexican Rice w/ Chicken, Corn, Tropical Fruit, & Milk
	<b>PM Snack</b>	Cheddar Popcorn, Raisins, & Juice	Rice Krispie Treat & Juice	Apple Oatmeal Bar & Juice	Ham n Cheese Roll Up & Juice	Chex Mix & Juice
Week 2	<b>Breakfast</b>	14 WG Cereal, Fresh Fruit, & Milk	15 Cinnamon Raisin WG Toast, Fresh Fruit & Milk	16 WG Cereal, Fresh Fruit, & Milk	17 Sausage Biscuit and Gravy, Fresh Fruit, & Milk	18 WG Cereal, Fresh Fruit, & Milk
	<b>Lunch</b>	Tater Tot Casserole, WG Bread n Butter, Mandarin Oranges & Milk	Honey Mustard Chicken WG Wrap, Assorted Fresh Fruit, & Milk	Shipwreck Casserole, Peaches, & Milk	WG Chicken Tetrazzini, Broccoli, Fruit Cocktail, & Milk	Snow Top Dogs, WG Bread n Butter, Tropical Fruit, & Milk
	<b>PM Snack</b>	Cheese Its & Juice	Snack Mix, & Juice	Soft Pretzel & Juice	Gradettos, & Juice	Peanut Butter Crackers, & Juice
Week 3	<b>Breakfast</b>	21 WG Cereal, Fresh Fruit, & Milk	22 WG Bagel, Cream Cheese, Fresh Fruit, & Milk	23 WG Cereal, Fresh Fruit, & Milk	24 WG Pancake on a Stick, Fresh Fruit, & Milk	25 WG Cereal, Fresh Fruit, & Milk
	<b>Lunch</b>	Pony shoes, Mandarin Oranges, & Milk	Pizza Pasta Bake, Green Beans, Pears, & Milk	Meatloaf, Mashed Potato, Fruit Cocktail, & Milk	Chicken WG Doritos Casserole, Peaches, & Milk	Philly Cheese Steak, French Fries, Pineapple, & Milk
	<b>PM Snack</b>	Chili Cheese Dip, WG Tortilla Chips, & Juice	Cheese Cubes, Crackers, & Water	WG Wheat Thins, Cream Cheese Dip, & Water	WG Pretzel Goldfish & Juice	Chex Mix & Juice
Week 4	<b>Breakfast</b>	28 WG Cereal, Fresh Fruit, & Milk	29 WG Banana Nut Muffin, Fresh Fruit, & Milk	30 WG Cereal, Fresh Fruit, & Milk	31 WG Pancakes, Fresh Fruit, & Milk	1 WG Cereal, Fresh Fruit, & Milk
	<b>Lunch</b>	Beef Vegetable Soup, Crackers, Applesauce, & Milk	Macaroni n Cheese, Peas, Peaches, & Milk	Chicken Caesar WG Wrap, Baby Carrots, Apple Slices, & Milk	Beef Ramen, Egg Rolls, Pears, & Milk	Chicken n Rice, Green Beans, Mandarin Oranges, & Milk
	<b>PM Snack</b>	Breaded Cheese Ravioli, Marinara, & Juice	Smores Mix, & Juice	Dried Fruit Mix & Juice	Cottage Cheese, Vegetable Straws, & Juice	Nutrigrain Bar & Milk

WG- Whole Grain

All juices served are 100% juice

Fresh fruits include, but not limited to: Apples, Bananas, Oranges, Pineapple, grapes and other seasonal fresh fruits.