

KKLC

DECEMBER 2023

CCLC

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast	27 WG Cereal, Fresh Fruit, & Milk	28 Oatmeal, Fresh Fruit, & Milk	29 WG Cereal, Fresh Fruit, & Milk	30 Pancake on a Stick, Fresh Fruit, & Milk	1 WG Cereal, Fresh Fruit & Milk
	Lunch	Mexican Cornbread Casserole, Mandarin Oranges, & Milk	Hot Dog on Bun, French Fries, Fruit Cocktail, & Milk	Scrambled Eggs, Bacon Toast, Applesauce, & Milk	Beef Vegetable Soup, Crackers, Pears, & Milk	Bosco Sticks, Marinara, Green Beans, Peaches, & Milk
	PM Snack	Wheat Thins, Cream Cheese Dip, & Juice	Cheese Crackers, & Juice	Pumpkin Cookies, & Milk	Chips n Salsa, & Water	Cheese Its, & Juice
Week 2	Breakfast	4 WG Cereal, Fresh Fruit, & Milk	5 Cinnamon Rolls, Fresh Fruit, & Milk	6 WG Cereal, Fresh Fruit, & Milk	7 Breakfast Pizza, Fresh Fruit, & Milk	8 WG Cereal, Fresh Fruit, & Milk
	Lunch	Meatloaf, Mashed Potato, Tropical Fruit, & Milk	Chicken Noodle Soup, Crackers, & Applesauce, & Milk	Tuna Casserole, Peas, Peaches, & Milk	Beef & Bell Pepper Rice Bowls, Spring Roll, Pineapple, & Milk	Turkey n Cheese Wrap, Carrots, Fruit Cocktail, & Milk
	PM Snack	Chili Cheese Dip, Tortilla Chips, & Water	Rice Krispie Treat, & Milk	Cheese Cubes, Crackers, & Water	Pretzels, & Juice	Oatmeal Bar, & Milk
Week 3	Breakfast	11 WG Cereal, Fresh Fruit, & Milk	12 French Toast, Fresh Fruit, & Milk	13 WG Cereal, Fresh Fruit, & Milk	14 Waffles, Fresh Fruit, & Milk	15 WG Cereal, Fresh Fruit, & Milk
	Lunch	Chicken Pot Pie, Peaches, & Milk	Meatball Subs, Carrots, Pears, & Milk	BLT Alfredo Ravioli, Broccoli, Tropical Fruit, & Milk	Loaded Potato Soup, Crackers, Applesauce, & Milk	Greek Spaghetti, Green Beans, Mandarin Oranges, & Milk
	PM Snack	Chex Mix, & Juice	Cottage Cheese, Vegetable Straws, & Water	Goldfish, & Juice	Vanilla Wafers, & Milk	Pretzel Goldfish, & Juice
Week 4	Breakfast	18 WG Cereal, Fresh Fruit, & Milk	19 Pancake, Fresh Fruit, & Milk	20 WG Cereal, Fresh Fruit, & Milk	21 Toast w/ Cinnamon & Sugar, Fresh Fruit, & Milk	22 WG Cereal, Fresh Fruit, & Milk
	Lunch	Creamy Chicken & Wild Rice Soup, Crackers, Peaches, & Milk	Beef n Noodles, Peas, Pineapple, & Milk	Lil Smokies, Baked Beans, Bread n Butter, Pears, & Milk	Baked Spaghetti, Salad, Texas Toast, Peach Cobbler, & Milk	Pizza, Green Beans, Peaches & Milk
	PM Snack	Graham Crackers, Peanut Butter, & Water	Nutri grain Bar, & Milk	Yogurt, Granola, & Water	Snack Mix, & Juice	Class Parties

WG- Whole Grain
All juices served are 100% juice

Fresh fruits include, but not limited to: Apples, Bananas, Oranges, Pineapple, grapes and other seasonal fresh fruits.