


RUSHVILL

DECEMBER 2023

KKLC

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Breakfast	4 WG Cereal, Fresh Fruit, & Milk	5 Cinnamon Rolls, Fresh Fruit, & Milk	6 WG Cereal, Fresh Fruit, & Milk	7 Breakfast Pizza, Fresh Fruit, & Milk	8 WG Cereal, Fresh Fruit & Milk
	Lunch	Hot Ham N Cheese, Green Beans, Pears, & Milk	Chicken Noodle Soup, Crackers, & Applesauce, & Milk	Tuna Casserole, Peas, Peaches, & Milk	Sweet n Sour Chicken, Carrots, Pineapple, & Milk	Chili Dog on Bun, Tater Tots, Fruit Cocktail, & Milk
	PM Snack	Chili Cheese Dip, Tortilla Chips, & Water	Rice Krispie Treats, & Milk	Cheese Cubes, Crackers, & Water	Pretzels, & Juice	Oatmeal Bar, & Milk
Week 2	Breakfast	11 WG Cereal, Fresh Fruit, & Milk	12 French Toast, Fresh Fruit, & Milk	13 WG Cereal, Fresh Fruit, & Milk	14 Waffles, Fresh Fruit, & Milk	15 WG Cereal, Fresh Fruit, & Milk
	Lunch	Chicken Pot Pie, Peaches, & Milk	Meatball Subs, Carrots, Pears, & Milk	BLT Alfredo Ravioli, Broccoli, Tropical Fruit, & Milk	Loaded Potato Soup, Crackers, Applesauce, & Milk	Greek Spaghetti, Green Beans, Fruit Cocktail, & Milk
	PM Snack	Chex Mix, & Juice	Cottage Cheese, Vegetable Straws, & Water	Goldfish, & Juice	Vanilla Wafers, & Milk	Pretzel Goldfish, & Juice
Week 3	Breakfast	18 WG Cereal, Fresh Fruit, & Milk	19 Pancake, Fresh Fruit, & Milk	20 WG Cereal, Fresh Fruit, & Milk	21 Toast w/ Cinnamon & Sugar, Fresh Fruit, & Milk	22 WG Cereal, Fresh Fruit, & Milk
	Lunch	Creamy Chicken & Wild Rice Soup, Crackers, Applesauce, & Milk	Beef n Noodles, Peas, Pineapple, & Milk	Lil Smokies, Baked Beans, Bread n Butter, Pears, & Milk	Spaghetti, Salad, Texas Toast, Tropical Fruit, & Milk	Pizza, Green Beans, Fruit Cocktail, & Milk
	PM Snack	Graham Crackers, Peanut Butter, & Water	Nutrigrain Bar, & Milk	Yogurt, Granola, & Water	Snack Mix, & Juice	Class Parties
Week 4	Breakfast			27 WG Cereal, Fresh Fruit, & Milk	28 English Muffins, Fresh Fruit, & Milk	29 WG Cereal, Fresh Fruit, & Milk
	Lunch			Cream Cheese Chicken Chili, Crackers, Applesauce, & Milk	BBQ Rib on Bun, French Fries, Peaches & Milk	Cooks Choice
	PM Snack			Cina Bun Mania, & Juice	String Cheese, Crackers, & Water	Gradettos, & Juice

WG- Whole Grain

All juices served are 100% juice

Fresh fruits include, but not limited to: Apples, Bananas, Oranges, Pineapple, grapes and other seasonal fresh fruits.